



# **Chronic Disease Risk Factor Surveillance**

**Data Book  
I.R.Iran 2009  
1388**

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## Demographic Information Results

Age group and sex of respondents						
Age Group (years)	Men		Women		Both Sexes	
	N	%	n	%	n	%
15-24	3,032	50.05	3,026	49.95	6,058	100.00
25-34	2,980	49.84	2,999	50.16	5,979	100.00
35-44	3,007	50.18	2,985	49.82	5,992	100.00
45-54	2,972	49.78	2,998	50.22	5,970	100.00
55-64	<b>2,949</b>	<b>50.08</b>	<b>2,940</b>	<b>49.92</b>	<b>5,889</b>	<b>100.00</b>
<b>15-64</b>	<b>14,940</b>	<b>49.99</b>	<b>14,948</b>	<b>50.01</b>	<b>29,888</b>	<b>100.00</b>

Employment status					
Age Group (years)	Men				
	n	% Government employee	% Non-government employee	% Self-employed	% Unpaid
15-24	2,927	1.50	2.08	26.34	70.07
25-34	2,774	11.61	9.30	62.76	16.33
35-44	2,798	20.16	7.04	63.69	9.11
45-54	2,747	13.47	3.75	57.66	25.12
55-64	<b>2,770</b>	<b>3.38</b>	<b>2.09</b>	<b>48.09</b>	<b>45.99</b>
<b>15-64</b>	<b>14,016</b>	<b>10.03</b>	<b>4.83</b>	<b>51.44</b>	<b>33.70</b>

Employment status					
Age Group (years)	Women				
	n	% Government employee	% Non-government employee	% Self-employed	% Unpaid
15-24	3,009	0.70	0.93	1.76	96.61
25-34	2,972	4.24	2.09	3.50	90.17
35-44	2,960	5.84	0.88	2.43	90.84
45-54	2,975	2.35	0.37	1.78	95.50
55-64	<b>2,927</b>	<b>0.55</b>	<b>0.20</b>	<b>0.99</b>	<b>98.26</b>
<b>15-64</b>	<b>14,843</b>	<b>2.74</b>	<b>0.90</b>	<b>2.10</b>	<b>94.27</b>

Employment status					
Age Group (years)	Both Sexes				
	n	% Government employee	% Non-government employee	% Self-employed	% Unpaid
15-24	5936	1.10	1.50	13.88	83.52
25-34	5746	7.80	5.57	32.11	54.52
35-44	5758	12.80	3.87	32.20	51.13
45-54	5722	7.69	1.99	28.61	61.71
55-64	<b>5697</b>	<b>2.14</b>	<b>1.12</b>	<b>23.89</b>	<b>72.85</b>
<b>15-64</b>	<b>28859</b>	<b>6.28</b>	<b>2.81</b>	<b>26.06</b>	<b>64.85</b>

Unpaid work and unemployed								
Age Group (years)	Men							
	n	% Non-paid	%solider	% Student	% Home-maker	% Retired	Unemployed	
							% Able to work	% Not able to work
15-24	2051	1.95	3.85	77.57	0.39	0.15	14.87	1.22
25-34	453	5.50	2.21	31.35	2.43	0	51.21	7.28
35-44	255	3.92	0	3.14	5.88	20.39	43.14	23.53
45-54	690	2.90	0	0.29	2.32	61.30	16.96	16.23
55-64	<b>1274</b>	<b>0.78</b>	<b>0.08</b>	<b>0.47</b>	<b>1.18</b>	<b>65.31</b>	<b>11.22</b>	<b>20.96</b>
<b>15-64</b>	<b>4723</b>	<b>2.22</b>	<b>1.91</b>	<b>37.03</b>	<b>1.38</b>	<b>27.24</b>	<b>19.20</b>	<b>10.52</b>

Unpaid work and unemployed								
Age Group (years)	Women							
	n	% Non-paid	%solider	% Student	% Home-maker	% Retired	Unemployed	
							% Able to work	% Not able to work
15-24	2907	1.07	-----	43.07	46.30	0.03	9.43	0.10
25-34	2680	1.01	-----	2.95	91.34	0.15	4.37	0.19
35-44	2689	1.26	-----	0.26	97.58	0.26	0.45	0.19
45-54	2841	1.16	-----	0.11	95.21	2.29	0.25	0.35
55-64	<b>2876</b>	<b>0.76</b>	-----	<b>0</b>	<b>93.39</b>	<b>4.00</b>	<b>0.49</b>	<b>1.36</b>
<b>15-64</b>	<b>13993</b>	<b>1.05</b>	-----	<b>9.58</b>	<b>84.39</b>	<b>1.50</b>	<b>3.03</b>	<b>0.44</b>

Unpaid work and unemployed								
Age Group (years)	Both Sexes							
	n	% Non-paid	%solider	% Student	% Home-maker	% Retired	Unemployed	
							% Able to work	% Not able to work
15-24	4958	1.43	1.59	57.34	27.31	0.08	11.68	0.56
25-34	3133	1.66	0.32	7.05	78.49	0.13	11.14	1.21
35-44	2944	1.49	0	0.51	89.64	2.00	4.14	2.21
45-54	3531	1.50	0	0.14	77.06	14.3	3.51	3.46
55-64	<b>4150</b>	<b>0.77</b>	<b>0.02</b>	<b>0.14</b>	<b>65.08</b>	<b>22.82</b>	<b>3.78</b>	<b>7.37</b>
<b>15-64</b>	<b>18716</b>	<b>1.35</b>	<b>0.48</b>	<b>16.51</b>	<b>63.44</b>	<b>8.12</b>	<b>7.11</b>	<b>2.99</b>

## Tobacco Use

Percentage of current smokers									
Age Group (years)	Men			Women			Both Sexes		
	n	% Current smoker	95% CI	n	% Current smoker	95% CI	n	% Current smoker	95% CI
15-24	3032	7.86	[7.368,8.401]	3032	0.31	[0.20,0.47]	6055	4.21	[3.87,4.40]
25-34	2980	24.49	[23.84,25.16]	2998	1.53	[1.31,1.796]	5978	13.21	[12.83,13.60]
35-44	3007	34.53	[34.05,35.02]	2985	1.20	[1.02,1.40]	5992	18.19	[17.92,18.47]
45-54	2969	36.55	[36.2,36.9]	2997	2.68	[2.56,2.818]	5966	19.83	[19.64,20.02]
55-64	<b>2948</b>	<b>26.79</b>	<b>[26.6,26.98]</b>	<b>2939</b>	<b>2.77</b>	<b>[2.69,2.84]</b>	<b>5887</b>	<b>14.59</b>	<b>[14.49,14.69]</b>
<b>15-64</b>	<b>14936</b>	<b>22.06</b>	<b>[20.91,23.24]</b>	<b>14942</b>	<b>1.26</b>	<b>[0.94,1.70]</b>	<b>29878</b>	<b>11.79</b>	<b>[11.16,12.44]</b>

Smoking status							
Age Group (years)	Men						
	n	Current smoker				% Does not smoke	95% CI
		% Daily	95% CI	% Non-daily	95% CI		
15-24	30.31	6.43	[6.6,8.95]	1.40	[1.192,1.645]	92.17	[91.63,92.67]
25-34	2997	22.29	[21.69,22.91]	2.17	[1.968,2.4]	75.53	[74.86,76.19]
35-44	3006	32.67	[32.19,33.15]	1.82	[1.708,1.942]	65.51	[65.02,65.99]
45-54	2965	35.3	[34.95,35.66]	1.13	[1.059,1.206]	63.57	[63.21,63.92]
55-64	<b>2948</b>	<b>25.73</b>	<b>[25.55,25.92]</b>	<b>1.05</b>	<b>[1.018,1.094]</b>	<b>73.21</b>	<b>[73.02,73.4]</b>
<b>15-64</b>	<b>14929</b>	<b>20.39</b>	<b>[19.32,21.51]</b>	<b>1.62</b>	<b>[1.283,2.05]</b>	<b>77.99</b>	<b>[76.8,79.13]</b>

Smoking status							
Age Group (years)	Women						
	n	Current smoker				% Does not smoke	95% CI
		% Daily	95% CI	% Non-daily	95% CI		
15-24	3032	0.22	[.1283,.3854]	0.92	[.05524,.1552]	99.68	[99.52,99.79]
25-34	2998	1.19	[.9947,1.433]	0.34	[.2443,.4749]	98.47	[98.2,98.69]
35-44	2985	0.96	[.8441,1.112]	0.23	[.1665,.3209]	98.8	[98.6,98.97]
45-54	2996	2.23	[2.11,2.356]	0.40	[.3687,.445]	97.37	[97.23,97.49]
55-64	<b>2939</b>	<b>2.47</b>	<b>[2.398,2.545]</b>	<b>0.30</b>	<b>[.2863,.3151]</b>	<b>97.23</b>	<b>[97.15,97.3]</b>
<b>15-64</b>	<b>14941</b>	<b>1.02</b>	<b>[0.75,1.39]</b>	<b>0.23</b>	<b>[.126,.4433]</b>	<b>98.74</b>	<b>[98.3,99.06]</b>

Smoking status							
Age Group (years)	Both Sexes						
	n	Current smoker				% Does not smoke	95% CI
		% Daily	95% CI	% Non-daily	95% CI		
15-24	6054	3.35	[3.13,3.59]	0.75	[0.64,0.87]	95.89	[95.61,96.15]
25-34	5977	11.92	[11.58,12.28]	1.27	[1.157,1.4]	86.8	[86.42,87.18]
35-44	5991	17.13	[16.87,17.39]	1.04	[0.97,1.11]	81.83	[81.55,82.1]
45-54	5961	18.97	[18.79,19.16]	0.77	[0.73,0.81]	80.25	[80.06,80.44]
55-64	<b>5887</b>	<b>13.92</b>	<b>[13.82,14.02]</b>	<b>0.67</b>	<b>[0.65,0.69]</b>	<b>85.41</b>	<b>[85.31,85.51]</b>
<b>15-64</b>	<b>29870</b>	<b>10.82</b>	<b>[10.24,11.43]</b>	<b>0.93</b>	<b>[0.75,1.16]</b>	<b>88.24</b>	<b>[87.58,88.86]</b>

Current daily smokers among smokers									
Age Group (years)	Men			Women			Both Sexes		
	n	% Daily smokers	95% CI	n	% Daily smokers	95% CI	n	% Daily smokers	95% CI
15-24	224	82.02	[79.38,84.38]	6	70.46	[52.88,83.52]	230	76.29	[67.56,83.26]
25-34	730	90.94	[90.07,91.75]	17	75.64	[69.48,80.9]	747	83.42	[80.42,86.05]
35-44	982	94.48	[94.12,94.83]	18	88.05	[84.7,90.74]	1000	91.33	[89.72,92.7]
45-54	1005	96.85	[96.66,97.03]	59	85.87	[84.47,87.16]	1064	91.43	[90.74,92.07]
55-64	<b>762</b>	<b>95.38</b>	<b>[95.22,95.54]</b>	<b>64</b>	<b>84.62</b>	<b>[83.83,85.39]</b>	<b>826</b>	<b>89.92</b>	<b>[89.51,90.31]</b>
<b>15-64</b>	<b>3703</b>	<b>89.43</b>	<b>[86.33,91.9]</b>	<b>164</b>	<b>77.96</b>	<b>[56.79,90.49]</b>	<b>3867</b>	<b>83.76</b>	<b>[73.45,90.59]</b>

Mean amount of tobacco used by daily smokers by type									
Age Group (years)	Men						n	Mean # of hubble bubble	95% CI
	n	Mean # of manufactur ed cig.	95% CI	n	Mean #of hand-rolled cig.	95% CI			
15-24		10.77	[9.12,12.42]					1.55	[1.13,1.97]
25-34		12.88	[11.90,13.87]					1.59	[1.03,2.16]
35-44		15.19	[14.21,16.17]					1.98	[1.30,2.67]
45-54		16.39	[15.43,17.34]					1.73	[1.21,2.25]
55-64		<b>17.31</b>	<b>[16.26,18.36]</b>					<b>2.05</b>	<b>[1.55,2.55]</b>
<b>15-64</b>		<b>13.29</b>	<b>[12.59,13.99]</b>					<b>1.70</b>	<b>[1.43,1.97]</b>

Mean amount of tobacco used by daily smokers by type												
Age Group (years )	Women											
	n	Mean # of manufact ured cig.	95% CI	n	Mean #of hand-rolled cig.	95% CI	n	Mean # of pipes of tobacc o	95 % CI	n	Mean # of other type of tobacc o	95% CI
15-24		11.94	[7.88,16.00]									
25-34		9.59	[4.07,15.10]									
35-44		22.39	[13.36,31.43]									
45-54		10.89	[7.67,14.12]									
55-64		<b>9.29</b>	<b>[6.61,11.98]</b>									
<b>15-64</b>		<b>12.91</b>	<b>[10.28,15.55]</b>									

Mean amount of tobacco used by daily smokers by type												
Both Sexes												
Age Group (years)	Mean # of manufactured cig.			Mean # of hand-rolled cig.			Mean # of pipes of tobacco			Mean # of other type of tobacco		
	n	Mean	95% CI	n	Mean	95% CI	n	Mean	95% CI	n	Mean	95% CI
15-24		11.35	[9.17,13.53]									
25-34		11.26	[8.52,14.01]									
35-44		18.72	[14.21,23.23]									
45-54		13.67	[12.02,15.33]									
55-64		<b>13.24</b>	<b>[11.77,14.71]</b>									
<b>15-64</b>		<b>13.10</b>	<b>[11.74,14.46]</b>									

Mean age started smoking									
Age Group (years)	Men			Women			Both Sexes		
	n	Mean age	95% CI	n	Mean age	95% CI	n	Mean age	95% CI
15-24		17.23	[16.48,17.99]		14.92	[13.15,16.69]		16.09	[15.11,17.07]
25-34		19.03	[18.54,19.52]		21.68	[18.84,24.52]		20.33	[18.92,21.74]
35-44		20.69	[20.11,21.27]		23.43	[20.16,26.70]		22.03	[20.40,23.66]
45-54		21.58	[21.01,22.15]		27.84	[24.06,31.63]		24.67	[22.78,26.56]
55-64		<b>23.62</b>	<b>[22.54,24.69]</b>		<b>30.36</b>	<b>[24.20,36.53]</b>		<b>27.04</b>	<b>[23.91,30.18]</b>
<b>15-64</b>		<b>19.32</b>	<b>[18.98,19.66]</b>		<b>20.95</b>	<b>[19.60,22.30]</b>		<b>20.12</b>	<b>[19.42,20.83]</b>

Mean duration of smoking									
Age Group (years)	Men			Women			Both Sexes		
	n	Mean duration	95% CI	n	Mean duration	95% CI	n	Mean duration	95% CI
15-24		5.54	[4.85,6.23]		7.20	[6.28,8.11]		6.36	[5.78,6.94]
25-34		11.30	[10.79,11.81]		9.63	[7.67,11.60]		10.48	[9.47,11.49]
35-44		19.33	[18.75,19.92]		17.29	[14.40,20.17]		18.33	[16.88,19.78]
45-54		28.05	[27.45,28.64]		22.20	[17.93,26.47]		25.16	[23.04,27.28]
55-64		35.44	[34.35,36.53]		30.57	[24.79,36.34]		32.97	[30.03,35.90]
<b>15-64</b>		<b>14.45</b>	<b>[14.13,14.77]</b>		<b>13.22</b>	<b>[12.16,14.27]</b>		<b>13.84</b>	<b>[13.29,14.40]</b>

Ex-daily smokers among all respondents									
Age Group (years)	Men			Women			Both Sexes		
	n	% ex daily smokers	95% CI	n	% ex daily smokers	95% CI	n	% ex daily smokers	95% CI
15-24	2838	1.09	[0.93,1.28]	3019	0.64	[0.03,0.13]	5857	0.58	[0.49,0.68]
25-34	2306	5.56	[5.18,5.97]	2985	0.09	[0.06,0.12]	5291	2.87	[2.68,3.08]
35-44	2085	8.44	[8.07,8.82]	2967	0.21	[0.18,0.25]	5052	4.41	[4.22,4.60]
45-54	1991	12.02	[11.75,12.29]	2945	0.86	[0.80,0.94]	4936	6.51	[6.37,6.65]
55-64	<b>2211</b>	<b>15.25</b>	<b>[15.09,15.42]</b>	<b>2884</b>	<b>1.01</b>	<b>[0.98,1.04]</b>	<b>5095</b>	<b>8.02</b>	<b>[7.93,8.10]</b>
<b>15-64</b>	<b>11431</b>	<b>5.95</b>	<b>[5.22,6.77]</b>	<b>14800</b>	<b>0.26</b>	<b>[0.18,0.39]</b>	<b>26231</b>	<b>3.14</b>	<b>[2.77,3.56]</b>

Mean years since cessation									
Age Group (years)	Men			Women			Both Sexes		
	n	Mean years	95% CI	n	Mean years	95% CI	n	Mean years	95% CI
15-24		3.06	[1.58,4.58]		-----	-----		1.97	[1.21,2.74]
25-34		4.74	[3.68,5.80]		6.20	[1.27,11.13]		5.46	[2.97,7.94]
35-44		9.72	[7.60,11.84]		4.74	[0.5,9.42]		7.28	[4.73,9.82]
45-54		12.99	[9.74,16.24]		10.15	[2.03,18.26]		11.59	[7.24,15.93]
55-64		<b>16.36</b>	<b>[14.02,18.70]</b>		<b>14.75</b>	<b>[6.71,22.79]</b>		<b>15.54</b>	<b>[11.29,19.80]</b>
<b>15-64</b>		<b>6.88</b>	<b>[6.00,7.77]</b>		<b>5.11</b>	<b>[3.16,7.05]</b>		<b>6.00</b>	<b>[4.94,7.07]</b>

Daily tobacco users									
Age Group (years)	Men			Women			Both Sexes		
	n	% Daily users	95% CI	n	% Daily users	95% CI	n	% Daily users	95% CI
15-24	3031	9.03	[8.46,9.64]	3023	1.28	[1.08,1.51]	6054	5.19	[4.893,5.515]
25-34	2979	23.74	[23.13,24.36]	2998	2.35	[2.12,2.61]	5977	13.23	[12.88,13.59]
35-44	3006	33.5	[33.02,33.99]	2985	2.98	[2.81,3.15]	5991	18.54	[18.28,18.81]
45-54	2965	37.06	[36.70,37.42]	2996	5.14	[5.00,5.30]	5961	21.3	[21.11,21.51]
55-64	<b>2948</b>	<b>27.32</b>	<b>[27.14,27.51]</b>	<b>2939</b>	<b>5.73</b>	<b>[5.64,5.82]</b>	<b>5887</b>	<b>16.36</b>	<b>[16.26,16.47]</b>
<b>15-64</b>	<b>14929</b>	<b>22.19</b>	<b>[20.95,23.47]</b>	<b>14941</b>	<b>2.67</b>	<b>[2.27,3.15]</b>	<b>29870</b>	<b>12.55</b>	<b>[11.88,13.25]</b>

Current tobacco users									
Age Group (years)	Men			Women			Both Sexes		
	n	% Current users	95% CI	n	% Current users	95% CI	n	% Current users	95% CI
15-24	3032	12.08	[11.41,12.78]	3023	1.839	[1.581,2.138]	6055	7.00	[6.622,7.413]
25-34	2980	25.96	[25.3,26.64]	2998	2.78	[2.527,3.058]	5978	14.57	[14.18,14.97]
35-44	3007	36.01	[35.52,36.51]	2985	3.78	[3.556,4.019]	5992	20.21	[19.92,20.5]
45-54	2969	38.42	[38.07,38.78]	2997	5.89	[5.744,6.055]	5966	22.36	[22.16,22.57]
55-64	<b>2948</b>	<b>28.55</b>	<b>[28.36,28.3]</b>	<b>2939</b>	<b>6.17</b>	<b>[6.085,6.268]</b>	<b>5887</b>	<b>17.19</b>	<b>[17.08,17.29]</b>
<b>15-64</b>	<b>14936</b>	<b>24.58</b>	<b>[23.31,25.91]</b>	<b>14942</b>	<b>3.25</b>	<b>[2.772,3.825]</b>	<b>29878</b>	<b>14.05</b>	<b>[13.32,14.81]</b>



## Fruit and Vegetable Consumption

Mean number of days fruit consumed in a typical week									
Age Group (years)	Men			Women			Both Sexes		
	n	Mean number of days	95% CI	n	Mean number of days	95% CI	n	Mean number of days	95% CI
15-24		3.96	[3.84,4.08]		4.28	[4.16,4.39]		4.12	[4.02,4.21]
25-34		3.98	[3.85,4.11]		4.38	[4.25,4.52]		4.18	[4.07,4.28]
35-44		4.02	[3.88,4.16]		4.29	[4.16,4.43]		4.15	[4.04,4.27]
45-54		3.79	[3.65,3.93]		4.07	[3.92,4.22]		3.93	[3.81,4.04]
55-64		<b>3.66</b>	<b>[3.52,3.81]</b>		<b>3.96</b>	<b>[3.82,4.10]</b>		<b>3.82</b>	<b>[3.81,4.04]</b>
<b>15-64</b>		<b>3.94</b>	<b>[3.85,4.02]</b>		<b>4.26</b>	<b>[4.17,4.35]</b>		<b>4.09</b>	<b>[4.01,4.18]</b>

Mean number of days vegetables consumed in a typical week									
Age Group (years)	Men			Women			Both Sexes		
	n	Mean number of days	95% CI	n	Mean number of days	95% CI	n	Mean number of days	95% CI
15-24		4.38	[4.26,4.51]		4.70	[4.59,4.81]		4.54	[4.44,4.63]
25-34		4.45	[4.32,4.59]		4.91	[4.78,5.04]		4.68	[4.57,4.79]
35-44		4.56	[4.43,4.70]		5.03	[4.90,5.16]		4.79	[4.69,4.90]
45-54		4.56	[4.42,4.71]		4.84	[4.70,4.98]		4.70	[4.58,4.82]
55-64		<b>4.47</b>	<b>[4.33,4.60]</b>		<b>4.75</b>	<b>[4.62,4.88]</b>		<b>4.61</b>	<b>[4.50,4.72]</b>
<b>15-64</b>		<b>4.46</b>	<b>[4.37,4.56]</b>		<b>4.84</b>	<b>[4.74,4.93]</b>		<b>4.65</b>	<b>[4.56,4.73]</b>

Mean number of servings of fruit on average per day									
Age Group (years)	Men			Women			Both Sexes		
	n	Mean number of servings	95% CI	n	Mean number of servings	95% CI	n	Mean number of servings	95% CI
15-24		1.36	[1.26,1.45]		1.45	[1.35,1.54]		1.40	[1.33,1.47]
25-34		1.28	[1.20,1.37]		1.42	[1.33,1.52]		1.35	[1.28,1.42]
35-44		1.25	[1.18,1.32]		1.37	[1.29,1.44]		1.31	[1.25,1.37]
45-54		1.13	[1.05,1.21]		1.23	[1.15,1.31]		1.18	[1.12,1.24]
55-64		<b>1.02</b>	<b>[0.96,1.08]</b>		<b>1.12</b>	<b>[1.05,1.20]</b>		<b>1.07</b>	<b>[1.02,1.13]</b>
<b>15-64</b>		<b>1.27</b>	<b>[1.20,1.33]</b>		<b>1.38</b>	<b>[1.31,1.44]</b>		<b>1.32</b>	<b>[1.27,1.38]</b>

Mean number of servings of vegetables on average per day									
Age Group (years)	Men			Women			Both Sexes		
	n	Mean number of servings	95% CI	n	Mean number of servings	95% CI	n	Mean number of servings	95% CI
15-24		1.34	[1.25,1.42]		1.49	[1.41,1.56]		1.41	[1.34,1.48]
25-34		1.36	[1.26,1.46]		1.55	[1.46,1.64]		1.45	[1.37,1.54]
35-44		1.44	[1.33,1.55]		1.63	[1.52,1.73]		1.53	[1.44,1.62]
45-54		1.42	[1.29,1.55]		1.57	[1.45,1.68]		1.49	[1.39,1.60]
55-64		<b>1.31</b>	<b>[1.23,1.39]</b>		<b>1.45</b>	<b>[1.37,1.54]</b>		<b>1.38</b>	<b>[1.31,1.45]</b>
<b>15-64</b>		<b>1.37</b>	<b>[1.29,1.46]</b>		<b>1.54</b>	<b>[1.46,1.61]</b>		<b>1.45</b>	<b>[1.38,1.53]</b>

Mean number of servings of fruit and/or vegetables on average per day									
Age Group (years)	Men			Women			Both Sexes		
	n	Mean number of servings	95% CI	n	Mean number of servings	95% CI	n	Mean number of servings	95% CI
15-24		2.47	[2.32,2.61]		2.72	[2.57,2.86]		2.59	[2.47,2.71]
25-34		2.43	[2.27,2.59]		2.77	[2.67,2.92]		2.60	[2.46,2.73]
35-44		2.45	[2.30,2.60]		2.76	[2.62,2.90]		2.60	[2.48,2.73]
45-54		2.29	[2.11,2.48]		2.52	[2.36,2.68]		2.41	[2.26,2.55]
55-64		<b>2.04</b>	<b>[1.94,2.15]</b>		<b>2.28</b>	<b>[2.15,2.42]</b>		<b>2.17</b>	<b>[2.07,2.26]</b>
<b>15-64</b>		<b>2.40</b>	<b>[2.28,2.53]</b>		<b>2.68</b>	<b>[2.56,2.80]</b>		<b>2.54</b>	<b>[2.43,2.66]</b>

Number of servings of fruit and/or vegetables on average per day									
Age Group (years)	n	Men							
		% no fruit and/or vegetables	95% CI	% 1-2 servings	95% CI	% 3-4 servings	95% CI	% ≥5 servings	95% CI
15-24	3032	19.88	[19.09,20.69]	49.43	[48.46,50.41]	20.10	[19.35,20.88]	10.59	[9.897,11.32]
25-34	2980	21.40	[20.73,22.07]	48.14	[47.34,48.93]	20.52	[19.94,21.13]	9.94	[9.423,10.49]
35-44	3007	20.43	[20.03,20.85]	46.8	[46.23,47.36]	22.95	[22.47,23.44]	9.81	[9.441,10.2]
45-54	2972	25.54	[25.2,25.88]	47.00	[46.59,47.4]	17.65	[17.35,17.96]	9.81	[9.543,10.09]
55-64	<b>2949</b>	<b>27.07</b>	<b>[26.9,27.25]</b>	<b>49.52</b>	<b>[49.32,49.72]</b>	<b>15.83</b>	<b>[15.68,15.98]</b>	<b>7.57</b>	<b>[7.453,7.704]</b>
<b>15-64</b>	<b>14940</b>	<b>21.58</b>	<b>[19.88,23.38]</b>	<b>48.30</b>	<b>[46.38,50.23]</b>	<b>20.14</b>	<b>[18.77,21.59]</b>	<b>9.97</b>	<b>[8.508,11.67]</b>

Number of servings of fruit and/or vegetables on average per day									
Women									
Age Group (years)	n	% no fruit and/or vegetables	95% CI	% 1-2 servings	95% CI	% 3-4 servings	95% CI	% ≥5 servings	95% CI
15-24	3026	17.07	[16.36,17.79]	46.4	[45.45,47.35]	22.9	[22.08,23.74]	13.64	[12.97,14.34]
25-34	2999	15.64	[15.12,16.18]	47.1	[46.34,47.86]	22.9	[22.08,23.74]	14.36	[13.76,14.98]
35-44	2985	17.54	[17.14,17.96]	43.48	[42.94,44.02]	24.17	[23.69,24.65]	14.81	[14.42,15.22]
45-54	2998	22.5	[22.19,22.82]	43.89	[43.51,44.27]	20.16	[20.3,20.93]	13.00	[12.7,13.3]
55-64	<b>2940</b>	<b>24.92</b>	<b>[24.75,25.09]</b>	<b>46.54</b>	<b>[46.34,46.75]</b>	<b>18.92</b>	<b>[18.77,19.08]</b>	<b>9.61</b>	<b>[9.494,9.74]</b>
<b>15-64</b>	<b>14948</b>	<b>18.03</b>	<b>[16.55,19.61]</b>	<b>45.74</b>	<b>[43.72,47.77]</b>	<b>22.56</b>	<b>[21.02,24.17]</b>	<b>13.67</b>	<b>[12.14,15.37]</b>

Number of servings of fruit and/or vegetables on average per day									
Both Sexes									
Age Group (years)	n	% no fruit and/or vegetables	95% CI	% 1-2 servings	95% CI	% 3-4 servings	95% CI	% ≥5 servings	95% CI
15-24	6058	18.49	[17.88,19.1]	47.93	[47.18,48.68]	21.49	[20.89,22.1]	12.10	[11.52,12.7]
25-34	5979	18.57	[18.11,19.04]	47.63	[47.02,48.24]	21.69	[21.25,22.14]	12.11	[11.65,12.59]
35-44	5992	19.02	[18.69,19.35]	45.17	[44.72,45.62]	23.55	[23.2,23.9]	12.27	[11.95,12.59]
45-54	5970	24.04	[23.78,24.3]	45.46	[45.17,45.76]	19.11	[18.88,19.35]	11.38	[11.14,11.63]
55-64	<b>5889</b>	<b>25.98</b>	<b>[25.85,26.11]</b>	<b>48.01</b>	<b>[47.85,48.16]</b>	<b>17.40</b>	<b>[17.28,17.52]</b>	<b>8.61</b>	<b>[8.518,8.709]</b>
<b>15-64</b>	<b>29888</b>	<b>19.82</b>	<b>[18.44,21.29]</b>	<b>47.04</b>	<b>[45.34,48.73]</b>	<b>21.34</b>	<b>[20.13,22.6]</b>	<b>11.80</b>	<b>[10.43,13.33]</b>

Less than five servings of fruit and/or vegetables on average per day									
Age Group (years)	Men			Women			Both Sexes		
	n	% < five servings per day	95% CI	n	% < five servings per day	95% CI	n	% < five servings per day	95% CI
15-24	3032	89.41	[88.68,90.1]	3026	86.36	[85.66,87.03]	6058	87.90	[87.30,88.48]
25-34	2980	90.06	[89.51,90.58]	2999	85.64	[85.02,86.24]	5979	87.89	[87.41,88.35]
35-44	3007	90.18	[89.8,90.56]	2985	85.19	[84.78,85.58]	5992	87.73	[87.41,88.05]
45-54	2972	90.19	[89.91,90.46]	2998	87.00	[86.7,87.3]	5970	88.62	[88.37,88.86]
55-64	<b>2949</b>	<b>92.42</b>	<b>[92.3,92.55]</b>	<b>2940</b>	<b>90.38</b>	<b>[90.26,90.51]</b>	<b>5889</b>	<b>91.39</b>	<b>[91.29,91.48]</b>
<b>15-64</b>	<b>14940</b>	<b>90.02</b>	<b>[88.33,91.49]</b>	<b>14948</b>	<b>86.33</b>	<b>[84.63,87.86]</b>	<b>29888</b>	<b>88.20</b>	<b>[86.67,89.57]</b>

Type of oil or fat most often used for meal preparation in household							
n (households)	Sat % Vegetable oil 95% CI	% Unsat Vegetable oil 95% C	% Lard 95% CI	% Butter 95% CI	% Margarine 95% CI	% None used 95% CI	% Other 95% CI
<b>29830</b>	<b>49.15</b> <b>[47.26,51.04]</b>	<b>48.26</b> <b>[46.40,50.12]</b>	<b>0.25</b> <b>[0.17,0.38]</b>	<b>1.21</b> <b>[0.97,1.51]</b>	<b>0.01</b> <b>[0.00,0.04]</b>	<b>0.71</b> <b>[0.48,1.06]</b>	<b>0.38</b> <b>[0.25,0.59]</b>

## Physical Activity

Level of total physical activity							
Age Group (years)	Men						
	n	% Low	95% CI	% Moderate	95% CI	% High	95% CI
15-24	3032	21.52	[20.72,22.35]	22.62	[21.82,23.44]	55.86	[54.88,56.83]
25-34	2980	27.77	[27.1,28.45]	21.46	[20.85,22.08]	50.77	[50,51.55]
35-44	3007	32.19	[31.65,32.73]	22.48	[22.07,22.89]	45.33	[44.75,45.92]
45-54	2972	37.39	[37.03,37.76]	25.48	[25.17,25.79]	37.13	[36.78,37.47]
55-64	<b>2949</b>	<b>38.57</b>	<b>[38.37,38.77]</b>	<b>26.50</b>	<b>[26.33,26.68]</b>	<b>34.92</b>	<b>[34.71,35.14]</b>
<b>15-64</b>	<b>14940</b>	<b>28.28</b>	<b>[26.58,30.05]</b>	<b>22.91</b>	<b>[21.68,24.2]</b>	<b>48.80</b>	<b>[46.75,50.86]</b>

Level of total physical activity							
Age Group (years)	Women						
	n	% Low	95% CI	% Moderate	95% CI	% High	95% CI
15-24	3025	49.62	[48.63,50.61]	31.04	[30.13,31.96]	19.34	[18.6,20.11]
25-34	2999	51.39	[50.62,52.16]	28.58	[27.85,29.31]	20.03	[19.45,20.63]
35-44	2984	48.84	[48.28,49.4]	28.08	[27.6,28.57]	23.08	[22.65,23.52]
45-54	2998	45.53	[45.13,45.94]	31.15	[30.79,31.52]	23.31	[22.98,23.65]
55-64	<b>2939</b>	<b>56.69</b>	<b>[56.47,56.92]</b>	<b>25.74</b>	<b>[25.56,25.91]</b>	<b>17.57</b>	<b>[17.42,17.72]</b>
<b>15-64</b>	<b>14945</b>	<b>49.91</b>	<b>[47.91,51.91]</b>	<b>29.51</b>	<b>[28.02,31.03]</b>	<b>20.58</b>	<b>[19.05,22.21]</b>

Level of total physical activity							
Age Group (years)	Both Sexes						
	n	% Low	95% CI	% Moderate	95% CI	% High	95% CI
15-24	6057	35.43	[34.74,36.14]	26.79	[26.16,27.42]	37.78	[37.09,38.48]
25-34	5979	39.38	[38.82,39.94]	24.96	[24.49,25.43]	35.67	[35.12,36.21]
35-44	5991	40.35	[39.94,40.77]	25.23	[24.89,25.57]	34.42	[34.03,34.82]
45-54	5970	41.41	[41.11,41.72]	28.28	[28.03,28.53]	30.31	[30.04,30.57]
55-64	<b>5888</b>	<b>47.78</b>	<b>[47.61,47.94]</b>	<b>26.11</b>	<b>[25.99,26.23]</b>	<b>26.11</b>	<b>[25.97,26.26]</b>
<b>15-64</b>	<b>29885</b>	<b>38.97</b>	<b>[37.38,40.58]</b>	<b>26.17</b>	<b>[25.14,27.23]</b>	<b>34.86</b>	<b>[33.31,36.45]</b>

Mean minutes of total physical activity on average per day									
Age Group (years)	Men			Women			Both Sexes		
	n	Mean minutes	95% CI	n	Mean minutes	95% CI	n	Mean minutes	95% CI
15-24		159.95	[150.26,169.64]		65.04	[59.84,70.23]		112.95	[106.83,119.07]
25-34		179.00	[167.75,190.25]		69.63	[63.35,75.91]		125.25	[117.71,132.78]
35-44		164.22	[152.37,176.06]		78.14	[72.28,83.99]		122.02	[114.55,129.48]
45-54		144.07	[133.01,155.14]		80.48	[73.07,87.90]		112.68	[105.24,120.12]
55-64		<b>130.98</b>	<b>[119.96,142.00]</b>		<b>61.07</b>	<b>[55.44,66.70]</b>		<b>95.48</b>	<b>[88.65,102.31]</b>
<b>15-64</b>		<b>161.76</b>	<b>[153.77,169.76]</b>		<b>70.30</b>	<b>[65.87,74.74]</b>		<b>116.58</b>	<b>[111.01,122.16]</b>

Median minutes of total physical activity on average per day									
Age Group (years)	Men			Women			Both Sexes		
	n	Median minutes	Inter-quartile range (P25-P75)	n	Median minutes	Inter-quartile range (P25-P75)	n	Median minutes	Inter-quartile range (P25-P75)
15-24		97.14	177.14		30.00	67.57		51.42	124.28
25-34		94.28	250.00		27.14	68.57		51.42	158.57
35-44		77.14	231.43		30.00	85.57		50.00	145.72
45-54		60.00	191.43		30.00	85.71		42.85	134.29
55-64		<b>51.42</b>	<b>168.85</b>		<b>20.00</b>	<b>68.57</b>		<b>30.00</b>	<b>116.28</b>
<b>15-64</b>		<b>85.71</b>	<b>215.71</b>		<b>30.00</b>	<b>72.85</b>		<b>51.42</b>	<b>138.85</b>

Mean minutes of work-related physical activity on average per day									
Age Group (years)	Men			Women			Both Sexes		
	n	Mean minutes	95% CI	n	Mean minutes	95% CI	n	Mean minutes	95% CI
15-24		76.81	[69.14,84.47]		31.43	[27.48,35.39]		54.34	[49.62,59.06]
25-34		125.62	[115.60,135.63]		38.98	[34.08,43.87]		83.04	[76.53,89.54]
35-44		116.84	[106.53,127.14]		44.75	[40.10,49.40]		81.50	[75.30,87.69]
45-54		100.43	[90.64,110.22]		45.81	[40.08,51.54]		73.47	[67.28,79.65]
55-64		<b>80.08</b>	<b>[71.78,88.37]</b>		<b>35.16</b>	<b>[30.36,39.95]</b>		<b>57.27</b>	<b>[51.93,62.60]</b>
<b>15-64</b>		<b>100.19</b>	<b>[93.60,106.78]</b>		<b>37.90</b>	<b>[34.53,41.28]</b>		<b>69.42</b>	<b>[64.99,73.85]</b>

Mean minutes of transport-related physical activity on average per day									
Age Group (years)	Men			Women			Both Sexes		
	n	Mean minutes	95% CI	n	Mean minutes	95% CI	n	Mean minutes	95% CI
15-24		43.78	[40.42,47.15]		24.49	[22.51,26.47]		34.23	[32.09,36.37]
25-34		34.47	[31.34,37.60]		23.47	[21.47,25.46]		29.06	[27.09,31.03]
35-44		32.66	[29.46,35.86]		27.52	[24.94,30.10]		30.14	[27.97,32.31]
45-54		33.04	[30.34,35.74]		29.64	[26.97,32.31]		31.36	[29.19,33.53]
55-64		<b>41.24</b>	<b>[37.24,45.24]</b>		<b>23.53</b>	<b>[21.61,25.44]</b>		<b>32.24</b>	<b>[29.92,34.57]</b>
<b>15-64</b>		<b>37.75</b>	<b>[35.67,39.84]</b>		<b>25.37</b>	<b>[21.61,25.44]</b>		<b>31.63</b>	<b>[30.12,33.15]</b>

Mean minutes of recreation-related physical activity on average per day									
Age Group (years)	Men			Women			Both Sexes		
	n	Mean minutes	95% CI	n	Mean minutes	95% CI	n	Mean minutes	95% CI
15-24		39.43	[36.75,42.10]		9.18	[7.86,10.50]		24.45	[22.87,26.03]
25-34		19.02	[17.36,20.68]		7.25	[5.86,8.64]		13.24	[12.06,14.41]
35-44		14.73	[12.76,16.70]		5.89	[4.87,6.92]		10.40	[9.22,11.58]
45-54		10.67	[8.68,12.65]		5.09	[4.15,6.04]		7.92	[6.73,9.10]
55-64		<b>9.72</b>	<b>[7.60,11.84]</b>		<b>2.39</b>	<b>[1.85,2.93]</b>		<b>6.00</b>	<b>[4.86,7.14]</b>
<b>15-64</b>		<b>23.89</b>	<b>[22.43,25.35]</b>		<b>7.09</b>	<b>[6.30,7.87]</b>		<b>15.59</b>	<b>[14.67,16.51]</b>

Median minutes of work-related physical activity on average per day									
Age Group (years)	Men			Women			Both Sexes		
	n	Median minutes	Inter-quartile range (P25-P75)	n	Median minutes	Inter-quartile range (P25-P75)	n	Median minutes	Inter-quartile range (P25-P75)
15-24		0.00	77.14		0.00	19.28		0.00	38.57
25-34		25.71	205.71		0.00	32.85		0.00	102.85
35-44		17.14	180.00		0.00	40		2.85	97.14
45-54		0.00	154.28		0.00	30		0.00	77.14
55-64		<b>0.00</b>	<b>90.00</b>		<b>0.00</b>	<b>21.42</b>		<b>0.00</b>	<b>42.85</b>
<b>15-64</b>		<b>2.85</b>	<b>145.71</b>		<b>0.00</b>	<b>28.57</b>		<b>0.00</b>	<b>64.28</b>

Median minutes of transport-related physical activity on average per day									
Age Group (years)	Men			Women			Both Sexes		
	n	Median minutes	Inter-quartile range (P25-P75)	n	Median minutes	Inter-quartile range (P25-P75)	n	Median minutes	Inter-quartile range (P25-P75)
15-24		22.85	56.28		12.85	30.00		17.14	42.85
25-34		15.00	40.00		12.85	25.71		12.85	30.00
35-44		12.85	38.57		12.85	30.00		12.85	34.28
45-54		17.14	38.57		17.14	32.00		17.14	38.57
55-64		<b>20.00</b>	<b>60.00</b>		<b>8.57</b>	<b>30.00</b>		<b>12.85</b>	<b>42.85</b>
<b>15-64</b>		<b>17.14</b>	<b>51.42</b>		<b>12.85</b>	<b>30.00</b>		<b>15.00</b>	<b>34.28</b>

Median minutes of recreation-related physical activity on average per day									
Age Group (years)	Men			Women			Both Sexes		
	n	Median minutes	Inter-quartile range (P25-P75)	n	Median minutes	Inter-quartile range (P25-P75)	n	Median minutes	Inter-quartile range (P25-P75)
15-24		25.71	55.71		0.00	8.57		0.00	34.28
25-34		0.00	25.71		0.00	0.00		0.00	12.85
35-44		0.00	17.14		0.00	0.00		0.00	4.28
45-54		0.00	7.14		0.00	0.00		0.00	0.00
55-64		<b>0.00</b>	<b>0.00</b>		<b>0.00</b>	<b>0.00</b>		<b>0.00</b>	<b>0.00</b>
<b>15-64</b>		<b>0.00</b>	<b>30.00</b>		<b>0.00</b>	<b>0.00</b>		<b>0.00</b>	<b>17.14</b>

No work-related physical activity									
Age Group (years)	Men			Women			Both Sexes		
	n	% no activity at work	95% CI	n	% no activity at work	95% CI	n	% no activity at work	95% CI
15-24	3032	55.70	[54.69,56.70]	3026	64.57	[63.57,65.56]	6058	60.09	[59.29,60.88]
25-34	2980	42.09	[41.30,42.89]	2999	58.95	[58.1,59.8]	5979	50.38	[49.70,51.05]
35-44	3007	44.11	[43.53,44.68]	2985	55.06	[54.49,55.63]	5992	49.48	[49.01,49.94]
45-54	2972	50.29	[49.90,50.69]	2998	58.26	[57.83,58.68]	5970	54.22	[53.89,54.55]
55-64	<b>2949</b>	<b>58.86</b>	<b>[58.67,59.05]</b>	<b>2940</b>	<b>64.87</b>	<b>[64.64,65.09]</b>	<b>5889</b>	<b>61.91</b>	<b>[61.73,62.09]</b>
<b>15-64</b>	<b>14940</b>	<b>49.52</b>	<b>[47.41,51.64]</b>	<b>14948</b>	<b>60.60</b>	<b>[58.13,63.02]</b>	<b>29888</b>	<b>55.00</b>	<b>[53.00,56.97]</b>

No transport-related physical activity									
Age Group (years)	Men			Women			Both Sexes		
	n	% no activity for transport	95% CI	n	% no activity for transport	95% CI	n	% no activity for transport	95% CI
15-24	3032	23.40	[22.58,24.23]	3024	26.51	[25.62,27.42]	6056	24.94	[24.27,25.62]
25-34	2980	33.50	[32.77,34.24]	2999	27.45	[26.82,28.09]	5979	30.53	[30.01,31.04]
35-44	3007	35.13	[34.56,35.69]	2983	25.70	[25.20,26.20]	5990	30.50	[30.10,30.91]
45-54	2972	32.42	[32.04,32.81]	2998	23.86	[23.53,24.19]	5970	28.19	[27.91,28.48]
55-64	<b>2949</b>	<b>28.32</b>	<b>[28.12,28.52]</b>	<b>2939</b>	<b>36.41</b>	<b>[36.21,36.62]</b>	<b>5888</b>	<b>32.43</b>	<b>[32.27,32.59]</b>
<b>15-64</b>	<b>14940</b>	<b>29.68</b>	<b>[27.91,31.52]</b>	<b>14943</b>	<b>26.96</b>	<b>[25.30,28.70]</b>	<b>29883</b>	<b>28.34</b>	<b>[26.88,29.84]</b>

No recreation-related physical activity									
Age Group (years)	Men			Women			Both Sexes		
	n	% no activity at recreation	95% CI	n	% no activity at recreation	95% CI	n	% no activity at recreation	95% CI
15-24	3032	30.97	[30.09,31.87]	3026	70.36	[69.50,71.21]	6058	50.48	[49.78,51.17]
25-34	2980	53.60	[52.84,54.35]	2999	78.16	[77.50,78.81]	5979	65.67	[65.13,66.21]
35-44	3007	64.39	[63.83,64.94]	2985	81.10	[80.64,81.54]	5992	72.58	[72.22,72.93]
45-54	2972	73.25	[72.90,73.60]	2998	83.29	[82.98,83.59]	5970	78.21	[77.97,78.44]
55-64	<b>2949</b>	<b>80.18</b>	<b>[80.01,80.36]</b>	<b>2940</b>	<b>91.80</b>	<b>[91.69,91.90]</b>	<b>5889</b>	<b>86.08</b>	<b>[85.98,86.18]</b>
<b>15-64</b>	<b>14940</b>	<b>51.72</b>	<b>[50.00,53.44]</b>	<b>14948</b>	<b>77.49</b>	<b>[75.97,78.93]</b>	<b>29888</b>	<b>64.45</b>	<b>[63.13,65.74]</b>

Composition of total physical activity							
Age Group (years)	Men						
	n	% Activity from work	95% CI	% Activity for transport	95% CI	% Activity during leisure time	95% CI
15-24		26.59	[24.73,28.45]	37.69	[35.79,39.60]	35.77	[33.84,37.70]
25-34		46.69	[44.01,49.36]	32.84	[30.63,35.05]	20.54	[18.54,22.54]
35-44		47.06	[44.33,49.79]	35.71	[33.02,38.41]	17.24	[15.16,19.33]
45-54		42.79	[39.97,45.60]	43.57	[40.71,46.44]	13.71	[11.60,15.82]
55-64		<b>35.15</b>	<b>[32.52,37.77]</b>	<b>55.04</b>	<b>[52.36,57.72]</b>	<b>9.92</b>	<b>[8.30,11.54]</b>
<b>15-64</b>		<b>38.26</b>	<b>[36.66,39.86]</b>	<b>37.95</b>	<b>[36.46,39.46]</b>	<b>23.84</b>	<b>[22.53,25.14]</b>

Composition of total physical activity							
Age Group (years)	Women						
	n	% Activity from work	95% CI	% Activity for transport	95% CI	% Activity during leisure time	95% CI
15-24		25.94	[23.85,2.02]	58.35	[56.04,60.66]	15.82	[14.28,17.35]
25-34		31.51	[29.01,34.01]	56.86	[54.20,59.52]	11.74	[10.10,13.39]
35-44		34.18	[31.83,36.53]	56.85	[54.30,59.39]	9.02	[7.62,10.41]
45-54		31.54	[29.07,34.06]	61.15	[58.63,63.67]	7.39	[6.25,8.53]
55-64		<b>32.39</b>	<b>[29.46,35.32]</b>	<b>63.26</b>	<b>[60.21,66.31]</b>	<b>4.44</b>	<b>[3.39,5.49]</b>
<b>15-64</b>		<b>30.05</b>	<b>[28.29,31.80]</b>	<b>58.39</b>	<b>[56.57,60.22]</b>	<b>11.65</b>	<b>[10.80,12.51]</b>

Composition of total physical activity							
Age Group (years)	Both Sexes						
	n	% Activity from work	95% CI	% Activity for transport	95% CI	% Activity during leisure time	95% CI
15-24		26.27	[24.75,27.79]	47.92	[46.26,49.58]	25.89	[24.57,27.21]
25-34		39.23	[37.18,41.28]	44.64	[42.73,46.55]	16.21	[14.91,17.52]
35-44		40.74	[38.82,42.67]	46.07	[44.05,48.10]	13.21	[11.97,14.45]
45-54		37.23	[35.10,39.37]	52.25	[50.15,54.35]	10.59	[9.31,11.87]
55-64		<b>33.75</b>	<b>[31.50,35.99]</b>	<b>59.21</b>	<b>[56.94,61.48]</b>	<b>7.14</b>	<b>[6.12,8.15]</b>
<b>15-64</b>		<b>34.20</b>	<b>[32.80,35.60]</b>	<b>48.05</b>	<b>[46.65,49.46]</b>	<b>17.82</b>	<b>[16.96,18.68]</b>

No vigorous physical activity									
Age Group (years)	Men			Women			Both Sexes		
	n	% no vigorous activity	95% CI	n	% no vigorous activity	95% CI	n	% no vigorous activity	95% CI
15-24	3031	38.15	[37.28,39.03]	3023	85.61	[84.84,86.35]	6054	61.65	[61.02,62.28]
25-34	2977	51.90	[51.24,52.56]	2997	88.46	[87.93,88.96]	5974	69.87	[69.44,70.28]
35-44	3005	59.31	[58.81,59.81]	2979	87.15	[86.74,87.55]	5984	72.96	[72.63,73.28]
45-54	2969	69.16	[68.81,69.51]	2994	89.65	[89.42,89.88]	5963	79.28	[79.03,79.52]
55-64	<b>2948</b>	<b>78.94</b>	<b>[78.79,79.09]</b>	<b>2938</b>	<b>91.83</b>	<b>[91.69,91.97]</b>	<b>5886</b>	<b>85.49</b>	<b>[85.37,85.60]</b>
<b>15-64</b>	<b>14930</b>	<b>52.32</b>	<b>[50.74,53.89]</b>	<b>14931</b>	<b>87.58</b>	<b>[85.98,89.02]</b>	<b>29861</b>	<b>69.74</b>	<b>[68.53,70.92]</b>



Minutes spent in sedentary activities on average per day					
Men					
Age Group (years)	n	Mean minutes	95% CI	Median minutes	Inter-quartile range (P25-P75)
15-24		262.30	[253.52,271.07]	240.00	
25-34		245.18	[234.98,255.38]	240.00	
35-44		247.52	[238.45,256.60]	240.00	
45-54		266.58	[255.85,277.31]	240.00	
55-64		<b>296.20</b>	<b>[285.38,307.01]</b>	<b>240.00</b>	
<b>15-64</b>		<b>257.89</b>	<b>[250.01,265.78]</b>	<b>240.00</b>	

Minutes spent in sedentary activities on average per day					
Women					
Age Group (years)	n	Mean minutes	95% CI	Median minutes	Inter-quartile range (P25-P75)
15-24		299.50	[309.84,309.15]	300.00	
25-34		262.57	[252.26,272.88]	240.00	
35-44		250.21	[240.31,260.11]	240.00	
45-54		265.64	[254.75,276.52]	240.00	
55-64		<b>295.22</b>	<b>[284.84,305.61]</b>	<b>240.00</b>	
<b>15-64</b>		<b>276.36</b>	<b>[267.93,284.78]</b>	<b>240.00</b>	

Minutes spent in sedentary activities on average per day					
Both Sexes					
Age Group (years)	n	Mean minutes	95% CI	Median minutes	Inter-quartile range (P25-P75)
15-24		280.72	[272.77,288.67]	240.00	
25-34		253.73	[244.70,262.76]	240.00	
35-44		248.84	[240.55,257.13]	240.00	
45-54		266.11	[256.92,275.31]	240.00	
55-64		<b>295.70</b>	<b>[286.46,304.94]</b>	<b>240.00</b>	
<b>15-64</b>		<b>267.01</b>	<b>[259.42,274.61]</b>	<b>240.00</b>	

## Blood Pressure and Diabetes History

Raised blood pressure diagnosed by doctor or health worker in last 12 months									
Age Group (years)	Men			Women			Both Sexes		
	n	% diagnosed	95% CI	n	% diagnosed	95% CI	n	% diagnosed	95% CI
15-24	3027	1.08	[0.90,1.30]	3022	1.59	[1.37,1.84]	6049	1.33	[1.19,1.49]
25-34	2974	1.98	[1.76,2.23]	2995	3.33	[3.08,3.60]	5969	2.65	[2.47,2.84]
35-44	2998	3.77	[3.61,3.93]	2970	8.29	[8.00,8.59]	5968	5.99	[5.82,6.16]
45-54	2956	11.14	[10.87,11.41]	2984	19.04	[18.77,19.32]	5940	15.04	[14.85,15.23]
55-64	<b>2937</b>	<b>17.91</b>	<b>[17.76,18.06]</b>	<b>2921</b>	<b>33.46</b>	<b>[33.27,33.66]</b>	<b>5858</b>	<b>25.81</b>	<b>[25.68,25.94]</b>
<b>15-64</b>	<b>14892</b>	<b>4.21</b>	<b>[3.77,4.70]</b>	<b>14892</b>	<b>7.72</b>	<b>[7.13,8.36]</b>	<b>29784</b>	<b>5.95</b>	<b>[5.55,6.36]</b>

Currently taking blood pressure drugs prescribed by doctor or health worker									
Age Group (years)	Men			Women			Both Sexes		
	n	% taking meds	95% CI	n	% taking meds	95% CI	n	% taking meds	95% CI
15-24	2940	0.27	[0.19,0.39]	2932	0.38	[0.29,0.50]	5872	0.32	[0.26,0.40]
25-34	2891	1.32	[1.12,1.57]	2920	1.46	[1.29,1.65]	5811	1.39	[1.24,1.56]
35-44	2925	2.16	[2.03,2.30]	2908	4.41	[4.21,4.61]	5833	3.26	[3.15,3.38]
45-54	2897	8.96	[8.73,9.20]	2933	17.88	[17.59,18.16]	5830	13.37	[13.18,13.55]
55-64	<b>2882</b>	<b>16.89</b>	<b>[16.76,17.02]</b>	<b>2892</b>	<b>33.95</b>	<b>[33.76,34.14]</b>	<b>5774</b>	<b>25.55</b>	<b>[25.43,25.67]</b>
<b>15-64</b>	<b>14535</b>	<b>3.11</b>	<b>[2.74,3.52]</b>	<b>14585</b>	<b>5.98</b>	<b>[5.5,6.47]</b>	<b>29120</b>	<b>4.53</b>	<b>[4.216,4.866]</b>

Advised by doctor or health worker to have special prescribed diet									
Age Group (years)	Men			Women			Both Sexes		
	N	%	95% CI	n	%	95% CI	n	%	95% CI
15-24	2939	0.36	[.2866,.4767]	2930	0.90	[.73,1.12]	5869	0.63	[.5356,.7516]
25-34	2891	1.48	[1.307,1.69]	2919	1.89	[1.723,2.077]	5810	1.68	[1.541,1.844]
35-44	2925	3.42	[3.261,3.597]	2905	6.92	[6.664,7.196]	5830	5.14	[4.973,5.314]
45-54	2896	8.46	[8.263,8.662]	2931	15.94	[15.71,16.18]	5827	12.15	[11.99,12.32]
55-64	<b>2880</b>	<b>15.29</b>	<b>[15.17,15.41]</b>	<b>2887</b>	<b>32.36</b>	<b>[32.16,32.56]</b>	<b>5767</b>	<b>23.96</b>	<b>[23.83,24.08]</b>
<b>15-64</b>	<b>14531</b>	<b>3.24</b>	<b>[2.884,3.659]</b>	<b>14572</b>	<b>6.38</b>	<b>[5.826,6.983]</b>	<b>29103</b>	<b>4.79</b>	<b>[4.421,5.201]</b>

Advised by doctor or health worker to lose weight									
Age Group (years)	Men			Women			Both Sexes		
	N	%	95% CI	n	%	95% CI	n	%	95% CI
15-24	2939	0.62	[0.49,0.78]	2929	0.63	[0.50,0.79]	5868	0.62	[0.53,0.73]
25-34	2891	1.14	[1.00,1.30]	2919	2.40	[2.191,2.64]	5810	1.76	[1.61,1.92]
35-44	2925	3.07	[2.90,3.25]	2906	5.80	[5.56,6.04]	5831	4.41	[4.26,4.56]
45-54	2897	7.02	[6.81,7.23]	2930	12.93	[12.7,13.16]	5827	9.93	[9.78,10.09]
55-64	<b>2879</b>	<b>11.01</b>	<b>[10.89,11.13]</b>	<b>2888</b>	<b>22.65</b>	<b>[22.48,22.83]</b>	<b>5767</b>	<b>16.92</b>	<b>[16.81,17.04]</b>
<b>15-64</b>	<b>14531</b>	<b>2.72</b>	<b>[2.33,3.16]</b>	<b>14572</b>	<b>5.14</b>	<b>[4.57,5.77]</b>	<b>29103</b>	<b>3.918</b>	<b>[3.55,4.32]</b>

Advised by doctor or health worker to stop smoking									
Age Group (years)	Men			Women			Both Sexes		
	N	%	95% CI	n	%	95% CI	n	%	95% CI
15-24	2936	0.86	[.6529,1.138]	2928	0.77	[0.55,1.08]	5864	0.81	[0.60,1.10]
25-34	2891	1.79	[1.582,2.036]	2916	0.80	[0.66,0.98]	5807	1.31	[1.15,1.48]
35-44	2922	3.20	[3.025,3.389]	2905	2.07	[1.90,2.26]	5827	2.65	[2.50,2.79]
45-54	2896	5.47	[5.299,5.665]	2928	2.36	[2.27,2.46]	5824	3.94	[3.83,4.05]
55-64	<b>2878</b>	<b>7.15</b>	<b>[7.055,7.257]</b>	<b>2887</b>	<b>4.80</b>	<b>[4.72,4.89]</b>	<b>5765</b>	<b>5.96</b>	<b>[5.89,6.02]</b>
<b>15-64</b>	<b>14523</b>	<b>2.54</b>	<b>[1.994,3.244]</b>	<b>14564</b>	<b>1.50</b>	<b>[1.02,2.20]</b>	<b>29087</b>	<b>2.03</b>	<b>[1.54,2.66]</b>

Advised by doctor or health worker to start or do more exercise									
Age Group (years)	Men			Women			Both Sexes		
	N	%	95% CI	n	%	95% CI	n	%	95% CI
15-24	2938	0.99	[.8092,1.225]	2928	0.84	[0.69,1.02]	5866	0.92	[0.79,1.07]
25-34	2891	2.53	[2.276,2.811]	2918	2.14	[1.95,2.36]	5809	2.34	[2.16,2.54]
35-44	2924	3.95	[3.753,4.174]	2905	6.58	[6.32,6.85]	5829	5.24	[5.0,5.42]
45-54	2896	8.83	[8.609,9.069]	2931	12.71	[12.48,12.95]	5827	10.75	[10.57,10.93]
55-64	<b>2879</b>	<b>13.23</b>	<b>[13.1,13.37]</b>	<b>2888</b>	<b>21.55</b>	<b>[21.37,21.73]</b>	<b>5767</b>	<b>17.46</b>	<b>[17.34,17.58]</b>
<b>15-64</b>	<b>14528</b>	<b>13.23</b>	<b>[3.224,4.375]</b>	<b>14570</b>	<b>5.192</b>	<b>[4.61,5.84]</b>	<b>29098</b>	<b>4.46</b>	<b>[3.99,4.98]</b>

Currently taking herbal or traditional remedy for high blood pressure									
Age Group (years)	Men			Women			Both Sexes		
	N	%	95% CI	n	%	95% CI	n	%	95% CI
15-24	2942	0.17	[0.11,0.27]	2933	0.07	[0.04,0.11]	5875	0.12	[0.08,0.17]
25-34	2894	0.39	[0.29,0.53]	2925	0.32	[0.26,0.38]	5819	0.35	[0.29,0.43]
35-44	2928	0.56	[0.50,0.63]	2913	1.94	[1.80,2.10]	5841	1.24	[1.16,1.32]
45-54	2900	2.08	[1.98,2.17]	2935	3.88	[3.76,4.01]	5835	2.97	[2.89,3.05]
55-64	<b>2881</b>	<b>5.22</b>	<b>[5.13,5.31]</b>	<b>2893</b>	<b>8.95</b>	<b>[8.85,9.06]</b>	<b>5774</b>	<b>7.11</b>	<b>[7.04,7.19]</b>
<b>15-64</b>	<b>14545</b>	<b>0.88</b>	<b>[0.70,1.11]</b>	<b>14599</b>	<b>1.58</b>	<b>[1.35,1.86]</b>	<b>29144</b>	<b>1.23</b>	<b>[1.08,1.40]</b>

Diabetes diagnosed by doctor or health worker in last 12 months									
Age Group (years)	Men			Women			Both Sexes		
	N	% diagnosed	95% CI	n	% diagnosed	95% CI	n	% diagnosed	95% CI
15-24	312	1.35	[0.94,1.93]	584	2.16	[1.58,2.94]	896	1.75	[1.39,2.21]
25-34	654	2.70	[2.23,3.27]	1033	4.15	[3.74,4.59]	1687	3.41	[3.09,3.76]
35-44	1007	4.87	[4.46,5.32]	1370	8.24	[7.76,8.74]	2377	6.52	[6.20,6.86]
45-54	1195	9.77	[9.46,10.10]	1622	14.38	[14.05,14.71]	2817	12.05	[11.83,12.27]
55-64	<b>1346</b>	<b>15.63</b>	<b>[15.41,15.85]</b>	<b>1725</b>	<b>22.51</b>	<b>[22.31,22.72]</b>	<b>3071</b>	<b>19.13</b>	<b>[18.97,19.28]</b>
<b>15-64</b>	<b>4514</b>	<b>4.38</b>	<b>[3.51,5.45]</b>	<b>6334</b>	<b>6.76</b>	<b>[5.81,7.86]</b>	<b>10848</b>	<b>5.56</b>	<b>[4.86,6.34]</b>

Currently taking insulin prescribed for diabetes by doctor or health worker									
Age Group (years)	Men			Women			Both Sexes		
	N	% taking insulin	95% CI	n	% taking insulin	95% CI	n	% taking insulin	95% CI
15-24	10	38.3	[26.31,51.91]	18	14.1	[9.01,21.40]	28	26.32	[19.73,34.17]
25-34	21	9.95	[6.753,14.45]	60	17.22	[13.64,21.51]	81	13.53	[11.03,16.49]
35-44	75	3.65	[3.05,4.37]	152	7.50	[6.20,9.04]	227	5.54	[4.814,6.373]
45-54	173	14.37	[13.29,15.53]	311	5.09	[4.77,5.42]	484	9.79	[9.231,10.38]
55-64	<b>311</b>	<b>13.60</b>	<b>[13.16,14.06]</b>	<b>493</b>	<b>11.32</b>	<b>[11.07,11.58]</b>	<b>804</b>	<b>12.44</b>	<b>[12.19,12.70]</b>
<b>15-64</b>	<b>590</b>	<b>19.81</b>	<b>[9.463,36.85]</b>	<b>1034</b>	<b>12.36</b>	<b>[6.639,21.87]</b>	<b>1624</b>	<b>16.13</b>	<b>[9.746,25.51]</b>

Currently taking oral drugs prescribed for diabetes by doctor or health worker									
Age Group (years)	Men			Women			Both Sexes		
	N	% taking meds	95% CI	n	% taking meds	95% CI	n	% taking meds	95% CI
15-24	10	49.19	[36.13,62.36]	18	16.36	[10.49,24.62]	28	32.94	[25.79,40.98]
25-34	21	21.81	[16.25,28.61]	60	28.68	[23.82,34.08]	81	25.18	[21.35,29.45]
35-44	74	45.81	[42.23,49.43]	154	50.06	[48.17,51.96]	228	47.89	[45.88,49.92]
45-54	173	64.08	[62.62,65.52]	313	69.59	[68.57,70.60]	486	66.8	[65.82,67.77]
55-64	<b>312</b>	<b>75.38</b>	<b>[74.92,75.84]</b>	<b>495</b>	<b>78.15</b>	<b>[77.84,78.47]</b>	<b>807</b>	<b>76.79</b>	<b>[76.51,77.06]</b>
<b>15-64</b>	<b>590</b>	<b>45.05</b>	<b>[30.44,60.57]</b>	<b>1040</b>	<b>36.8</b>	<b>[27.87,46.75]</b>	<b>1630</b>	<b>40.98</b>	<b>[32.08,50.51]</b>

Advised by doctor or health worker to have special prescribed diet									
Age Group (years)	Men			Women			Both Sexes		
	n	%	95% CI	n	%	95% CI	n	%	95% CI
15-24	10	58.63	[45.29,70.82]	18	64.70	[53.71,74.34]	28	61.64	[53.01,69.59]
25-34	21	20.68	[15.54,26.99]	60	62.35	[56.99,67.44]	81	41.16	[37.35,45.09]
35-44	74	74.44	[70.42,78.08]	153	67.57	[65.39,69.67]	227	71.07	[68.82,73.22]
45-54	173	83.23	[82.26,84.16]	312	82.48	[81.75,83.19]	485	82.86	[82.26,83.44]
55-64	<b>311</b>	<b>68.54</b>	<b>[67.93,69.15]</b>	<b>494</b>	<b>80.42</b>	<b>[80.05,80.79]</b>	<b>805</b>	<b>74.58</b>	<b>[74.23,74.92]</b>
<b>15-64</b>	<b>589</b>	<b>55.44</b>	<b>[40.42,69.53]</b>	<b>1037</b>	<b>67.99</b>	<b>[54.55,78.99]</b>	<b>1626</b>	<b>61.64</b>	<b>[52.36,70.14]</b>

Advised by doctor or health worker to lose weight									
Age Group (years)	Men			Women			Both Sexes		
	n	%	95% CI	n	%	95% CI	n	%	95% CI
15-24	10	55.74	[41.70,68.92]	18	30.06	[21.38,40.45]	28	43.02	[34.81,51.64]
25-34	21	22.31	[16.78,29.03]	60	40.86	[35.71,46.22]	81	31.43	[27.52,35.62]
35-44	74	57.60	[53.73,61.38]	153	60.48	[58.25,62.66]	227	59.01	[56.77,61.21]
45-54	173	57.33	[55.84,58.80]	312	59.95	[58.98,60.91]	485	58.62	[57.72,59.52]
55-64	<b>311</b>	<b>46.35</b>	<b>[45.77,46.93]</b>	<b>493</b>	<b>52.49</b>	<b>[52.09,52.89]</b>	<b>804</b>	<b>49.47</b>	<b>[49.11,49.83]</b>
<b>15-64</b>	<b>589</b>	<b>46.93</b>	<b>[32.41,61.99]</b>	<b>1036</b>	<b>43.77</b>	<b>[32.90,55.28]</b>	<b>1625</b>	<b>45.37</b>	<b>[35.70,55.41]</b>

Advised by doctor or health worker to stop smoking									
Age Group (years)	Men			Women			Both Sexes		
	n	%	95% CI	n	%	95% CI	n	%	95% CI
15-24	10	35.33	[22.86,50.18]	18	2.99	[1.42,6.18]	28	19.32	[13.14,27.49]
25-34	21	18.55	[13.54,24.88]	60	12.61	[10.32,15.31]	81	15.63	[12.76,19.00]
35-44	74	23.68	[21.16,26.39]	153	11.20	[9.80,12.77]	227	17.56	[16.11,19.11]
45-54	173	23.95	[22.88,25.04]	311	12.49	[11.90,13.11]	484	18.29	[17.68,18.92]
55-64	<b>310</b>	<b>25.13</b>	<b>[24.66,25.62]</b>	<b>493</b>	<b>11.37</b>	<b>[11.11,11.63]</b>	<b>803</b>	<b>18.14</b>	<b>[17.87,18.42]</b>
<b>15-64</b>	<b>588</b>	<b>26.66</b>	<b>[13.7,45.43]</b>	<b>1035</b>	<b>8.77</b>	<b>[5.63,13.40]</b>	<b>1623</b>	<b>17.83</b>	<b>[10.89,27.80]</b>

Advised doctor or health worker to start or do more exercise									
Age Group (years)	Men			Women			Both Sexes		
	n	%	95% CI	n	%	95% CI	n	%	95% CI
15-24	10	48.77	[35.52,62.20]	18	34.59	[25.07,45.53]	28	41.75	[33.48,50.51]
25-34	21	69.14	[60.97,76.26]	60	39.46	[34.35,44.82]	81	54.55	[49.86,59.17]
35-44	74	54.27	[50.41,58.08]	153	54.56	[52.17,56.93]	227	54.41	[52.18,56.63]
45-54	173	71.99	[70.68,73.26]	312	59.75	[58.84,60.66]	485	65.95	[65.16,66.72]
55-64	<b>311</b>	<b>59.32</b>	<b>[58.75,59.88]</b>	<b>493</b>	<b>52.92</b>	<b>[52.52,53.33]</b>	<b>804</b>	<b>56.07</b>	<b>[55.72,56.42]</b>
<b>15-64</b>	<b>589</b>	<b>58.77</b>	<b>[42.51,73.32]</b>	<b>1036</b>	<b>43.98</b>	<b>[32.44,56.21]</b>	<b>1625</b>	<b>51.47</b>	<b>[41.12,61.69]</b>

Currently taking herbal or traditional treatment for diabetes									
Age Group (years)	Men			Women			Both Sexes		
	n	%	95% CI	n	%	95% CI	n	%	95% CI
15-24	10	19.67	[10.23,34.47]	18	----	----	28	9.92	[5.27,17.93]
25-34	21	1.44	[0.83,2.49]	60	8.55	[6.956,10.48]	81	4.93	[4.06,5.98]
35-44	75	18.49	[16.19,21.05]	154	18.59	[17.46,20.52]	229	18.27	[17.25,20.28]
45-54	173	18.31	[17.04,19.64]	313	22.05	[21.26,22.86]	486	20.16	[19.4,20.93]
55-64	<b>312</b>	<b>23.40</b>	<b>[22.93,23.88]</b>	<b>494</b>	<b>26.19</b>	<b>[25.87,26.52]</b>	<b>806</b>	<b>24.82</b>	<b>[24.52,25.12]</b>
<b>15-64</b>	<b>591</b>	<b>14.76</b>	<b>[6.21,31.18]</b>	<b>1039</b>	<b>10.31</b>	<b>[8.06,13.10]</b>	<b>1630</b>	<b>12.56</b>	<b>[7.49,20.30]</b>

## Physical Measurements

Age Group (years)	Mean height (cm)					
	Men			Women		
	n	Mean	95% CI	n	Mean	95% CI
15-24		172.76	[173.33,173.19]		159.54	[159.20,159.88]
25-34		173.19	[172.76,173.61]		158.48	[158.10,158.85]
35-44		171.28	[170.83,171.73]		157.47	[157.11,157.82]
45-54		169.62	[169.18,170.05]		156.13	[155.79,156.46]
55-64		<b>167.62</b>	<b>[167.22,168.02]</b>		<b>154.40</b>	<b>[154.06,154.74]</b>
<b>15-64</b>		<b>171.86</b>	<b>[171.59,172.12]</b>		<b>158.09</b>	<b>[157.88,158.30]</b>

Age Group (years)	Mean weight (kg)					
	Men			Women		
	n	Mean	95% CI	n	Mean	95% CI
15-24		67.14	[66.38,67.90]		57.79	[57.19,58.39]
25-34		73.47	[72.64,74.31]		64.99	[64.22,65.76]
35-44		74.85	[73.99,75.71]		69.35	[68.59,70.12]
45-54		74.23	[73.44,75.02]		69.71	[68.96,70.45]
55-64		<b>72.33</b>	<b>[71.56,73.10]</b>		<b>68.38</b>	<b>[67.68,69.08]</b>
<b>15-64</b>		<b>71.47</b>	<b>[71.04,71.89]</b>		<b>64.02</b>	<b>[63.63,64.41]</b>

Age Group (years)	Mean BMI (kg/m <sup>2</sup> )								
	Men			Women			Both Sexes		
	n	Mean	95% CI	n	Mean	95% CI	n	Mean	95% CI
15-24		22.55	[22.34,22.77]		22.82	[22.58,23.06]		22.69	[22.52,22.85]
25-34		24.47	[24.24,24.70]		25.80	[25.49,26.11]		25.13	[24.94,25.31]
35-44		25.47	[25.23,25.72]		27.91	[27.63,28.19]		26.67	[26.49,26.85]
45-54		25.78	[25.55,26.01]		28.57	[28.29,28.86]		27.16	[26.96,27.36]
55-64		<b>25.76</b>	<b>[25.51,26.01]</b>		<b>28.66</b>	<b>[28.36,28.97]</b>		<b>27.24</b>	<b>[27.02,27.45]</b>
<b>15-64</b>		<b>24.22</b>	<b>[24.10,24.33]</b>		<b>25.66</b>	<b>[25.50,25.82]</b>		<b>24.93</b>	<b>[24.83,25.03]</b>

BMI classifications									
Age Group (years)	Men								
	n	% Under-weight <18.5	95% CI	% Normal weight 18.5-24.9	95% CI	% Over-weight 25.0-29.9	95% CI	% Obese ≥30.0	95% CI
15-24	2953	13.08	[12.52,13.66]	64.74	[63.84,65.63]	16.09	[15.37,16.84]	6.08	[5.64,6.55]
25-34	2946	4.85	[4.589,5.138]	53.86	[53.13,54.58]	32.37	[31.65,33.1]	8.91	[8.43,9.41]
35-44	2970	3.95	[3.762,4.151]	43.15	[42.63,43.67]	38.77	[38.22,39.33]	14.13	[13.75,14.51]
45-54	2933	2.64	[2.572,2.728]	43.21	[42.88,43.55]	39.36	[39.02,39.7]	14.77	[14.51,15.04]
55-64	<b>2918</b>	<b>3.22</b>	<b>[3.159,3.295]</b>	<b>41.93</b>	<b>[41.75,42.12]</b>	<b>38.54</b>	<b>[38.36,38.72]</b>	<b>16.30</b>	<b>[16.14,16.45]</b>
<b>15-64</b>	<b>14720</b>	<b>7.26</b>	<b>[6.621,7.955]</b>	<b>53.65</b>	<b>[52.27,55.02]</b>	<b>29.00</b>	<b>[27.72,30.31]</b>	<b>10.10</b>	<b>[9.319,10.93]</b>

BMI classifications									
Age Group (years)	Women								
	n	% Under-weight <18.5	95% CI	% Normal weight 18.5-24.9	95% CI	% Over-weight 25.0-29.9	95% CI	% Obese ≥30.0	95% CI
15-24	2865	12.6	[12.04,13.19]	63.40	[62.51,64.29]	17.37	[16.69,18.07]	6.62	[6.18,7.08]
25-34	2777	4.35	[4.086,4.64]	45.60	[44.87,46.34]	30.77	[30.14,31.4]	19.27	[18.69,19.87]
35-44	2890	1.96	[1.87,2.06]	28.34	[27.88,28.79]	38.39	[37.88,38.9]	31.31	[30.85,31.77]
45-54	2958	1.32	[1.26,1.38]	23.70	[23.38,24.02]	37.88	[37.54,38.22]	37.10	[36.74,37.45]
55-64	<b>2891</b>	<b>1.57</b>	<b>[1.54,1.61]</b>	<b>24.03</b>	<b>[23.88,24.18]</b>	<b>36.44</b>	<b>[36.26,36.62]</b>	<b>37.96</b>	<b>[37.76,38.16]</b>
<b>15-64</b>	<b>14381</b>	<b>6.32</b>	<b>[5.69,7.00]</b>	<b>44.59</b>	<b>[43.26,45.94]</b>	<b>28.61</b>	<b>[27.53,29.72]</b>	<b>20.47</b>	<b>[19.46,21.52]</b>

BMI classifications									
Age Group (years)	Both Sexes								
	n	% Under-weight <18.5	95% CI	% Normal weight 18.5-24.9	95% CI	% Over-weight 25.0-29.9	95% CI	% Obese ≥30.0	95% CI
15-24	5818	12.84	[12.45,13.25]	64.08	[63.46,64.69]	16.72	[16.22,17.24]	6.35	[6.036,6.683]
25-34	5723	4.61	[4.41,4.80]	49.8	[49.3,50.3]	31.58	[31.11,32.06]	14	[13.61,14.41]
35-44	5860	2.97	[2.87,3.08]	35.89	[35.52,36.25]	38.58	[38.21,38.96]	22.55	[22.25,22.85]
45-54	5891	1.99	[1.94,2.04]	33.58	[33.33,33.83]	38.63	[38.41,38.86]	25.79	[25.57,26.02]
55-64	<b>5809</b>	<b>2.38</b>	<b>[2.35,2.42]</b>	<b>32.84</b>	<b>[32.72,32.97]</b>	<b>37.47</b>	<b>[37.35,37.6]</b>	<b>27.3</b>	<b>[27.17,27.42]</b>
<b>15-64</b>	<b>29101</b>	<b>6.79</b>	<b>[6.34,7.28]</b>	<b>49.17</b>	<b>[48.19,50.17]</b>	<b>28.81</b>	<b>[27.95,29.68]</b>	<b>15.22</b>	<b>[14.54,15.93]</b>

Waist circumference (cm)						
Age Group (years)	Men			Women		
	n	Mean	95% CI	n	Mean	95% CI
15-24		79.92	[79.24,80.60]		75.61	[75.04,76.19]
25-34		86.03	[85.35,86.71]		83.61	[82.86,84.37]
35-44		89.50	[88.78,90.22]		89.49	[88.76,90.23]
45-54		91.37	[90.58,92.15]		93.88	[92.92,94.85]
55-64		<b>92.34</b>	<b>[91.58,93.10]</b>		<b>95.19</b>	<b>[94.35,96.03]</b>
<b>15-64</b>		<b>85.57</b>	<b>[85.15,86.00]</b>		<b>83.91</b>	<b>[83.44,84.39]</b>

Mean systolic blood pressure (mmHg)									
Age Group (years)	Men			Women			Both Sexes		
	n	Mean	95% CI	n	Mean	95% CI	n	Mean	95% CI
15-24		118.64	[118.03,119.25]		108.55	[107.94,109.15]		113.64	[113.17,114.12]
25-34		119.87	[119.25,120.49]		110.74	[110.05,111.44]		115.38	[114.89,115.88]
35-44		122.20	[121.41,122.99]		117.22	[116.46,117.98]		119.76	[119.18,120.34]
45-54		125.94	[125.06,126.82]		124.39	[123.21,125.58]		125.18	[124.47,125.89]
55-64		<b>133.32</b>	<b>[132.17,134.46]</b>		<b>131.25</b>	<b>[129.72,132.77]</b>		<b>132.27</b>	<b>[131.32,133.21]</b>
<b>15-64</b>		<b>121.53</b>	<b>[121.11,121.94]</b>		<b>114.31</b>	<b>[113.85,114.77]</b>		<b>117.96</b>	<b>[117.60,118.32]</b>

Mean diastolic blood pressure (mmHg)									
Age Group (years)	Men			Women			Both Sexes		
	n	Mean	95% CI	n	Mean	95% CI	n	Mean	95% CI
15-24		74.12	[73.62,74.63]		72.37	[71.91,72.84]		73.26	[72.90,73.61]
25-34		76.52	[75.94,77.10]		75.07	[74.52,75.61]		75.80	[75.36,76.25]
35-44		79.58	[78.99,80.18]		79.53	[78.97,80.08]		79.55	[79.12,79.98]
45-54		81.25	[80.53,81.98]		82.20	[81.45,82.95]		81.72	[81.23,82.21]
55-64		<b>83.65</b>	<b>[82.97,84.33]</b>		<b>83.60</b>	<b>[82.79,84.40]</b>		<b>83.62</b>	<b>[83.08,84.17]</b>
<b>15-64</b>		<b>77.30</b>	<b>[76.95,77.65]</b>		<b>76.41</b>	<b>[76.08,76.74]</b>		<b>76.86</b>	<b>[76.58,77.14]</b>

SBP $\geq$ 140 and/or DBP $\geq$ 90 mmHg									
Age Group (years)	Men			Women			Both Sexes		
	n	%	95% CI	n	%	95% CI	n	%	95% CI
15-24	3032	7.39	[6.94,7.87]	3026	3.69	[3.391,4.024]	6058	5.56	[5.27,5.86]
25-34	2980	11.08	[10.63,11.55]	2999	6.79	[6.45,7.158]	5979	8.97	[8.66,9.29]
35-44	3007	17.03	[16.60,17.47]	2985	19.04	[18.65,19.44]	5992	18.02	[17.71,18.33]
45-54	2972	27.72	[27.37,28.07]	2998	34.36	[34.02,34.7]	5970	31.00	[30.73,31.26]
55-64	<b>2949</b>	<b>41.85</b>	<b>[41.66,42.04]</b>	<b>2940</b>	<b>47.63</b>	<b>[47.43,47.83]</b>	<b>5889</b>	<b>44.79</b>	<b>[44.64,44.93]</b>
<b>15-64</b>	<b>14940</b>	<b>15.02</b>	<b>[14.00,16.10]</b>	<b>14948</b>	<b>14.28</b>	<b>[13.48,15.12]</b>	<b>29888</b>	<b>14.66</b>	<b>[13.93,15.41]</b>

SBP $\geq$ 140 and/or DBP $\geq$ 90 mmHg or currently on medication for raised blood pressure									
Age Group (years)	Men			Women			Both Sexes		
	n	%	95% CI	n	%	95% CI	n	%	95% CI
15-24	3032	7.75	[7.30,8.24]	3024	3.98	[3.67,4.31]	6056	5.88	[5.59,6.19]
25-34	2980	11.75	[11.29,12.24]	2998	7.46	[7.10,7.83]	5978	9.64	[9.33,9.97]
35-44	3006	17.87	[17.43,18.31]	2983	20.38	[19.98,20.78]	5989	19.10	[18.79,19.41]
45-54	2970	30.27	[29.90,30.64]	2998	39.10	[38.75,39.46]	5968	34.63	[34.36,34.9]
55-64	<b>2948</b>	<b>45.27</b>	<b>[45.63,46.01]</b>	<b>2938</b>	<b>57.77</b>	<b>[57.58,57.96]</b>	<b>5886</b>	<b>51.89</b>	<b>[51.76,52.02]</b>
<b>15-64</b>	<b>14936</b>	<b>16.07</b>	<b>[15.05,17.15]</b>	<b>14941</b>	<b>16.12</b>	<b>[15.33,16.95]</b>	<b>29877</b>	<b>16.09</b>	<b>[15.39,16.82]</b>



Currently on medication for raised blood pressure									
Age Group (years)	Men			Women			Both Sexes		
	n	%	95% CI	n	%	95% CI	n	%	95% CI
15-24	2940	0.27	[0.19,0.39]	2932	0.38	[0.29,0.50]	5872	0.32	[0.26,0.40]
25-34	2891	1.32	[1.12,1.57]	2920	1.46	[1.29,1.65]	5811	1.39	[1.24,1.56]
35-44	2925	2.16	[2.03,2.30]	2908	4.41	[4.21,4.61]	5833	3.26	[3.15,3.38]
45-54	2897	8.96	[8.73,9.20]	2933	17.88	[17.59,18.16]	5830	13.37	[13.18,13.55]
55-64	<b>2882</b>	<b>16.89</b>	<b>[16.76,17.02]</b>	<b>2892</b>	<b>33.95</b>	<b>[33.76,34.14]</b>	<b>5774</b>	<b>25.55</b>	<b>[25.43,25.67]</b>
<b>15-64</b>	<b>14535</b>	<b>3.11</b>	<b>[2.74,3.52]</b>	<b>14585</b>	<b>5.98</b>	<b>[5.52,6.47]</b>	<b>29120</b>	<b>4.35</b>	<b>[4.21,4.86]</b>

SBP ≥160 and/or DBP ≥ 100 mmHg									
Age Group (years)	Men			Women			Both Sexes		
	n	%	95% CI	n	%	95% CI	n	%	95% CI
15-24	3032	1.30	[1.12,1.52]	3026	0.28	[0.21,0.36]	6058	0.80	[0.69,0.91]
25-34	2980	1.11	[0.95,1.30]	2999	1.20	[1.07,1.35]	5979	1.16	[1.05,1.27]
35-44	3007	3.37	[3.18,3.56]	2985	4.03	[3.87,4.21]	5992	3.69	[3.57,3.82]
45-54	2972	8.10	[7.90,8.31]	2998	11.64	[11.42,11.87]	5970	9.85	[9.69,10.01]
55-64	<b>2949</b>	<b>16.79</b>	<b>[16.63,16.95]</b>	<b>2940</b>	<b>17.98</b>	<b>[17.82,18.13]</b>	<b>5889</b>	<b>17.39</b>	<b>[17.27,17.51]</b>
<b>15-64</b>	<b>14940</b>	<b>3.53</b>	<b>[3.11,4.01]</b>	<b>14948</b>	<b>3.89</b>	<b>[3.52,4.30]</b>	<b>29888</b>	<b>3.71</b>	<b>[3.39,4.05]</b>

SBP ≥160 and/or DBP ≥ 100 mmHg or currently on medication for raised blood pressure									
Age Group (years)	Men			Women			Both Sexes		
	n	%	95% CI	n	%	95% CI	n	%	95% CI
15-24	3032	1.67	[1.46,1.91]	3026	0.56	[0.47,0.67]	6058	1.12	[1.00,1.25]
25-34	2980	2.12	[1.89,2.38]	2999	2.23	[2.04,2.44]	5979	2.17	[2.01,2.35]
35-44	3007	4.79	[4.59,5.00]	2985	6.60	[6.35,6.86]	5992	5.68	[5.52,5.84]
45-54	2972	13.75	[13.49,14.02]	2998	22.1	[21.80,22.41]	5970	17.87	[17.67,18.07]
55-64	<b>2949</b>	<b>25.71</b>	<b>[25.53,25.88]</b>	<b>2940</b>	<b>37.67</b>	<b>[37.48,37.86]</b>	<b>5889</b>	<b>31.78</b>	<b>[31.65,31.91]</b>
<b>15-64</b>	<b>14940</b>	<b>5.50</b>	<b>[4.99,6.06]</b>	<b>14948</b>	<b>7.44</b>	<b>[6.93,7.99]</b>	<b>29888</b>	<b>6.46</b>	<b>[6.08,6.86]</b>

Currently on medication for raised blood pressure									
Age Group (years)	Men			Women			Both Sexes		
	n	%	95% CI	n	%	95% CI	n	%	95% CI
15-24	3025	0.37	[0.28,0.49]	3021	0.28	[0.22,0.37]	6046	0.33	[0.27,0.40]
25-34	2976	1.02	[0.85,1.21]	2996	1.17	[1.03,1.33]	5972	1.09	[0.96,1.24]
35-44	3000	1.64	[1.54,1.74]	2979	3.28	[3.12,3.46]	5979	2.45	[2.35,2.55]
45-54	2965	7.50	[7.29,7.70]	2995	15.04	[14.77,15.32]	5960	11.22	[11.05,11.40]
55-64	<b>2943</b>	<b>13.14</b>	<b>[13.02,13.26]</b>	<b>2933</b>	<b>29.27</b>	<b>[29.09,29.45]</b>	<b>5876</b>	<b>21.33</b>	<b>[21.23,21.44]</b>
<b>15-64</b>	<b>14909</b>	<b>2.53</b>	<b>[2.22,2.89]</b>	<b>14924</b>	<b>4.97</b>	<b>[4.56,5.43]</b>	<b>29833</b>	<b>3.74</b>	<b>[3.46,4.03]</b>

## Raised Risk

Raised Risk				
Age Group (years)	Men			
	n	% with 0 risk factors	% with 1-3 risk factors	% with 4-5 risk factors
15-24	2957	5.69[5.20,6.23]	93.32[92.77,93.83]	0.98[0.84,1.14]
25-34	2947	2.52 [2.32,2.74]	93.28[92.92,93.61]	4.19 [3.92,4.49]
35-44	2973	1.44 [1.33,1.56]	88.2 [87.86,88.54]	10.36[10.03,10.69]
45-54	2929	1.06 [1.001,1.14]	83.38[83.07,83.69]	15.55[15.24,15.86]
55-64	<b>2919</b>	<b>0.56[0.54,0.57]</b>	<b>82.01[81.86,82.16]</b>	<b>17.43[17.28,17.58]</b>
<b>15-44</b>	<b>8877</b>	<b>3.54 [2.91,4.31]</b>	<b>92.09[91.11,92.96]</b>	<b>4.36[3.76,5.05]</b>
<b>45-64</b>	<b>5848</b>	<b>0.89[0.59, 1.33]</b>	<b>82.9 [80.88,84.74]</b>	<b>16.21[14.37,18.24]</b>

Raised Risk				
Age Group (years)	Women			
	n	% with 0 risk factors	% with 1-3 risk factors	% with 4-5 risk factors
15-24	2861	5.38 [4.88,5.87]	93.83[93.29,94.33]	0.81[.6566,1]
25-34	2775	3.86[3.52,4.22]	93.58[93.16,93.99]	2.55[2.332,2.802]
35-44	2887	1.16[1.06,1.28]	90.86[90.57,91.14]	7.97[7.705,8.244]
45-54	2965	1.68 [1.57,1.81]	84.09[83.8,84.36]	14.23[13.96,14.49]
55-64	<b>2890</b>	<b>0.48 [0.46,0.49]</b>	<b>74.6 [74.43,74.78]</b>	<b>24.91[24.74,25.09]</b>
<b>15-44</b>	<b>8523</b>	<b>3.83[3.07,4.75]</b>	<b>93.04[92.00,93.96]</b>	<b>3.12[2.62,3.73]</b>
<b>45-64</b>	<b>5846</b>	<b>1.24 [0.77,2.00]</b>	<b>80.61[78.83,82.29]</b>	<b>18.14[16.46,19.95]</b>

Raised Risk				
Age Group (years)	Both Sexes			
	n	% with 0 risk factors	% with 1-3 risk factors	% with 4-5 risk factors
15-24	5818	5.52[5.15,5.93]	93.57[93.16,93.96]	0.89[0.79,1.01]
25-34	5722	3.18[2.97,3.40]	93.43[93.15,93.69]	3.39[3.21,3.57]
35-44	5860	1.30[1.23,1.39]	89.51[89.26,89.74]	9.18[8.96,9.41]
45-54	5885	1.37[1.30,1.44]	83.73[83.51,83.95]	14.9[14.67,15.12]
55-64	<b>5809</b>	<b>0.52[0.50,0.53]</b>	<b>78.25[78.14,78.36]</b>	<b>21.23[21.12,21.34]</b>
<b>15-44</b>	<b>17400</b>	<b>3.68[3.11,4.36]</b>	<b>92.56 [91.78,93.27]</b>	<b>3.75 [3.34,4.21]</b>
<b>45-64</b>	<b>11694</b>	<b>1.06[0.77,1.47]</b>	<b>81.76[80.38,83.06]</b>	<b>17.17[15.82,18.61]</b>

Raised Risk				
Age Group (years)	Men			
	n	% with 0 risk factors	% with 1-2 risk factors	% with 3 risk factors
15-24	3031	8.41[7.81,9.05]	90.02[89.35,90.64]	1.56[1.33,1.84]
25-34	2979	5.52[5.17,5.90]	88.34[87.86,88.80]	6.13[5.79,6.48]
35-44	3006	5.09[4.86,5.34]	84.67[84.27,85.06]	10.23[9.90,10.57]
45-54	2965	4.31[4.17,4.45]	81.93[81.66,82.19]	13.76[13.50,14.02]
55-64	<b>2948</b>	<b>3.92[3.85,4.00]</b>	<b>86.61[86.48,86.74]</b>	<b>9.46[9.34,9.57]</b>
<b>15-44</b>	<b>9016</b>	<b>6.59[5.51,7.86]</b>	<b>88.14[86.76,89.39]</b>	<b>5.26[4.55,6.08]</b>
<b>45-64</b>	<b>5913</b>	<b>4.17 [3.37,5.16]</b>	<b>83.57[82.05,84.99]</b>	<b>12.25 [10.90,13.74]</b>

Raised Risk				
Age Group (years)	Women			
	n	% with 0 risk factors	% with 1-2 risk factors	% with 3 risk factors
15-24	3023	6.94[6.44,7.48]	92.83[92.28,93.34]	0.22[0.12,0.38]
25-34	2998	8.15[7.66,8.66]	90.96[90.40,91.48]	0.88[0.71,1.10]
35-44	2984	8.11[7.80,8.42]	91.35[91.03,91.67]	0.53[0.43,0.65]
45-54	2996	7.92[7.67,8.18]	91.02[90.74,91.29]	1.05[0.97,1.14]
55-64	<b>2939</b>	<b>4.97[4.89,5.06]</b>	<b>93.62[93.51,93.72]</b>	<b>1.42[1.34,1.46]</b>
<b>15-44</b>	<b>9005</b>	<b>7.65[6.52,8.96]</b>	<b>91.80[90.48,92.96]</b>	<b>0.53[0.29,0.97]</b>
<b>45-64</b>	<b>5935</b>	<b>6.84 [5.55,8.41]</b>	<b>91.97[90.25,93.41]</b>	<b>1.18[0.75,1.84]</b>

Raised Risk				
Age Group (years)	Both Sexes			
	n	% with 0 risk factors	% with 1-2 risk factors	% with 3 risk factors
15-24	6054	7.68[7.23,8.17]	91.41[90.92,91.87]	0.90[0.77,1.05]
25-34	5977	6.82[6.49,7.15]	89.63[89.25,89.99]	3.55[3.34,3.78]
35-44	5990	6.57[6.36,6.79]	87.94[87.68,88.20]	5.48[5.29,5.67]
45-54	5961	6.09[5.93,6.26]	86.42[86.23,86.60]	7.48[7.35,7.62]
55-64	<b>5887</b>	<b>4.46[4.40,4.52]</b>	<b>90.17[90.08,90.26]</b>	<b>5.37[5.30,5.43]</b>
<b>15-44</b>	<b>18021</b>	<b>7.11[6.20,8.15]</b>	<b>89.95[88.92,90.89]</b>	<b>2.93[2.52,3.41]</b>
<b>45-64</b>	<b>11884</b>	<b>5.50[4.59,6.59]</b>	<b>87.76 [86.64,88.80]</b>	<b>6.73 [6.03,7.51]</b>